Delaware State Hospital

School of Nursing

FARNHURST, DELAWARE



AFFILIATED IN DELAWARE WITH THE

Delaware Hospital, Wilmington, Del.
Memorial Hospital, Wilmington, Del.
Beebe Hospital, Lewes, Del.
Wilmington General Hospital, Wilmington, Del.
St. Francis Hospital, Wilmington, Del.
Milford Memorial Hospital, Milford, Del.
and
Easton Memorial Hospital, Easton, Maryland



AERIAL VIEW OF DELAWARE STATE HOSPITAL — FARNHURST, DELAWARE

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COMMITTEE ON TRAINING SCHOOL PROBLEMS

WILLARD SPRINGER, JR., Chairman	Wilmington,	Del.
C. J. PRICKETT, M. D.	Smyrna,	Del.
Dorsey W. Lewis, M. D.		
JAMES BEEBE, M. D.		

MARIAN McLachlan, R. N. Alumnae Representative

TEACHING FACULTY

M. A. TARUMIANZ, M. D., Superintendent of the Hospital			
	Psychiatry		
MAE P. SMITH, R. N., Director, School	of Nursing Administrative Education		
John A. Doering, M. D.	Psychiatry		
GERHART J. GORDON, M. D.	Neurology and Psychiatry		
FRITZ A. FREYHAN, M. D.	Neurology and Psychiatry		
WILLIAM VICORY, M. D.	Chemistry		
MENDEL ZIMBLER, M. D.	Anatomy and Physiology		
Joseph Jastak, Ph. D.			
ERICH MOSBACH, M. D.			
MARY A. MORAN, R. N.	Educational Director		
Marian McLachlan, R. N.			
Hanna Hesch	Dietetics		
MILDRED FISK, M. A.	Occupational Therapy		
LILLIAN HANNAY	Social Service		

VISITING AND CONSULTING STAFF			
Neuro-surgery			
Dr. Francis C. Grant Philadelphia, Pennsylvania			
Endocrinology DR. CHARLES W. DUNN Philadelphia, Pennsylvania			
Psychiatry Dr. Edward A. Strecker Philadelphia, Pennsylvania			
Internal Medicine Dr. WILLIAM P. MURPHY Boston, Massachusetts			
Neuro-pathology			
Dr. Bernard J. Alpers Philadelphia, Pennsylvania			
VISITING STAFF			
General Surgery			
Dr. Harold L. Springer Wilmington, Delaware			
Dr. Lewis Parsons, Associate			
Otology, Rhinology and Laryngology Dr. W. O. LaMotte Wilmington, Delaware			
Roentgenology Dr. W. W. Lattomus Wilmington, Delaware			
Ophthalmology Dr. Emil R. Mayerberg Wilmington, Delaware Dr. Norman L. Cutler, Associate Wilmington, Delaware			
Pathology Dr. John Howard Wilmington, Delaware			
Dentistry			
Dr. William H. Norris Wilmington, Delaware Dr. Lewis Harris Wilmington, Delaware			
Urology Dr. R. T. LaRue Wilmington, Delaware			
ATTENDING CLERGYMEN			
REV. HENRY N. HERNDON, Protestant Chaplain Wilmington, Del.			
FATHER RODERICK DWYER, Catholic ChaplainWilmington, Del.			
RABBI HENRY TAVEL, Hebrew Chaplain Wilmington, Del.			

CONSULTING STAFF

General Medicine:	
Dr. G. W. K. Forrest	Wilmington
Dr. Lewis Flinn	Wilmington
Dr. B. B. G. Blackstone	Wilmington
Dr. Joseph McDaniel	Dover
Dr. Roscoe Elliott	Laurel
Cardiology:	
Dr. Olin S. Allen	Wilmington
Dr. Edgar Miller	Wilmington
Dermatology:	
Dr. Lewis Chipman	Wilmington
Gynecology:	
Dr. C. L. Munson, Associate	Wilmington
Pneumology:	
Dr. Meredith I. Samuel	Wilmington
Obstetrics:	
Dr. Sylvester W. Rennie, Associate	Wilmington
Pediatrics:	
Dr. Charles E. Wagner	Wilmington
Orthopedics:	
Dr. Irvine M. Flinn, Jr.	Wilmington
Gastro-Enterology:	
Dr. George W. Vaughan	Wilmington

MEDICAL STAFF

M. A. TARUMIANZ, M. D.

Superintendent of the Delaware State Hospital and
Director of the Mental Hygiene Clinic

John A. Doering, M. D.

Acting Clinical Director of the Mental Hygiene Clinic

Vacancy Assistant Physician

GERHART J. GORDON, M. D. Senior Assistant Physician and Neurologist

Fritz A. Freyhan, M. D. Senior Assistant Physician

WILLIAM VICORY, M. D. Senior Assistant Physician

MENDEL ZIMBLER, M. D. First Assistant Physician

Vacancy Assistant Physician

Erich Mosbach, M. D. Resident Interne

Lewis Harris, D. D. S. Resident Dentist

Joseph Jastak, Ph. D. Chief Psychologist

NATHAN GOLDSTEIN
Assistant Psychologist

NURSING STAFF

MAE P. SMITH, R. N. Director of School of Nursing
Graduate of Delaware Hospital School of Nursing 1921
C. CAROLYN F. Mose, R. N. Assistant to Director and Clinical Supervisor
Graduate of M. A. Montgomery Hospital
Mary A. Moran, R. N. Educational Director
Graduate of Philadelphia General Hospital
HILDA F. AUGUSTINE, R. N. Supervisor of Operating Room
Graduate of West Side Hospital, Chicago, Illinois 1934
Ann Cox Mayo, R. N Clinical Instructor and Supervisor
Graduate of Delaware State Hospital
MARIAN McLachlan Webb, R. N
Graduate of Delaware State Hospital 1934
MARGARET MILANO, R. N. Supervisor, Psychiatric Observation Clinic
Army Nurse Corps 1943-1945
Graduate of the Delaware Hospital
Mary Flaherty, R. N. Night Supervisor
Graduate of Delaware Hospital 1913
Vacancies Assistant Night Supervisors

HEAD NURSES

NETTIE HASSON NASTRI, R. N.	
Graduate of the Delaware State Hospital	1934
Eva C. Saxfield, R. N.	
Graduate of the Delaware State Hospital	1940
Gypsie Hall, R. N.	1024
Graduate of the Delaware State Hospital	1934
Mary Sheridan, R. N.	
Army Nurse Corps 1943-1946	
Graduate of the Delaware State Hospital	1942
MARIE CAVALIER, R. N.	
Army Nurse Corps 1943-1946	
Graduate of the Delaware State Hospital	1942
Isabelle Kennedy, R. N.	
Army Nurse Corps 1944-1946	
Graduate of the Delaware State Hospital	1944
ALYCE McGHEE, R. N.	
Army Nurse Corps 1944-1946	
Graduate of the Delaware State Hospital	1944
Marian J. Keller, R. N.	
Graduate of the Delaware State Hospital	1945
EMILY SCOTT, R. N.	
Graduate of the University of Pennsylvania Hospital	1909
Anne Ward, R. N.	
Graduate of St. Francis Hospital	1944
JAYNE JONES, R. N.	
Army Nurse Corps 1942-1945	
Graduate of the Delaware Hospital	1942

DELAWARE STATE HOSPITAL SCHOOL OF NURSING

THE HOSPITAL



The Delaware State Hospital was organized in 1889 a mental hospital of 200 beds.

SCHOOL OF NURSING

The Delaware State Hospital School of Nursing was organized in 1929. This Hospital had a bed capacity of 900, and at present the hospital has a bed capacity of 1260. The school is accredited by the Delaware State Board of Examiners for Registration of Nurses and the Committee on Nursing of the American Psychiatric Association. On July 1, 1943, it was approved by the United States Public Health Service.

The Delaware State Hospital School of Nursing was created because those who were interested in the project were keenly desirous of establishing a school within the institution that would educate nurses not only in the general nursing technique obtained in the average hospital but also the nursing care of the mental patients.

The promoters of the school believed that the nurses educated in a mental hospital and having had practical experience along with their theory would be more fitted to nurse mental cases. With the vast opportunity to observe and the experience in the nursing care of the various types of cases, nurses would have a better understanding of patients suffering with mental difficulties. The nurse would be able to render more efficient nursing care to the hospital than the nurse who had very limited training in psychiatry.

The earnest purpose of the school is to maintain a standard in keeping with the ideals established by the best schools of the country, and to assist in meeting the demand of the public for a more complete and well-rounded education for nurses.

With a school of nursing a part of the hospital also makes it possible for other schools which are interested in giving their students some training in psychiatry a chance to affiliate for that branch of study and practical experience.

The course covers three calendar years. It is divided into four parts: preliminary, freshman, junior and senior years. The preliminary course of six months is designed to give such theory and practice in nursing that will create familiarity with hospital routine and in the end enable the student to satisfactorily carry out ordinary nursing procedures.

AFFILIATION

The school affiliates with the Delaware Hospital, Wilmington, Delaware, for one year. During the period of affiliation the student receives lectures and practices in medicine, operating room, pediatrics, orthopedics, obstetrics, surgery, dispensary. Six weeks is given in contagious nursing in the Doris Memorial Hospital, a unit of the Wilmington General Hospital, Wilmington, Delaware. The following schools affiliate for a period of three months in mental nursing to the Delaware State Hospital:

Delaware Hospital
Wilmington Memorial Hospital
Beebe Hospital
Wilmington General Hospital
St. Francis Hospital
Milford Memorial Hospital
Easton Memorial Hospital, Easton, Md.

The advantages of this affiliation on the part of our school cannot be overestimated. It gives the wide-awake student a keener insight into the methods of administration, and she comes into contact with new types and has the problems of two large institutions to broaden her scope mentally. The one-hospital training school is fast becoming obsolete, for it does not tend to give the latitude required in nursing and its needs.



NURSES' HOME

Each room has running water and deep closets.

CLASSROOM



The classroom is well equipped with laboratory and dietetics

tables, a reference library, maps, manikins, and Chase doll.

Believing that the nursing profession requires women of higher education, the entrance requirements of the school of the Delaware State Hospital are such that only graduates of Class A high schools are accepted.

Candidates may apply personally or by letter to the Director of the School of Nursing for all information. It is desirable that applications be made in person when possible. A small photograph

should accompany the application.

The applicant must have a physical certificate from her family physician, of vaccinations; a dental certificate, a psychological report, and immunization against diphtheria and typhoid; diseased tonsils must be removed.

No student will be accepted who has not been graduated from an accredited high school. The Academic Course or equivalent preparation is required. The high school certificate must show the completion of sixteen units.

These units should include: four years of high school study.

Course (Academic—four years)

Required number of units: 16 credits.

		Units
1.	English, four years	. 4
2.	Science, two years (including biology or general science and a second science, preferably chemistry or applied chemistry)	
3.	Mathematics, one year (algebra, general mathematics or commercial arithmetic)	
4.	Civics, one-half year	. 1/2

5.	History, one year	- 1
6.	Sufficient electives to make up the full four-year course aggregating 16 units, but not more than five units to be	
	chosen from any one field	71/2
	Total	16

In addition to the above required units it is advisable for the applicant to have two years of modern foreign language.

The cost for books is approximately \$38.00 the first year, \$15.00 the second year, and \$12.00 the third year—which the student may pay from her stipend or by a deposit on admission.

Other necessities at time of entrance: provided by the ho

Six pairs of plain white hose

2. Two pairs of white oxfords

3. Plenty of plain underwear (no silk underclothing will be laundered)

4. Bathrobe and slippers

5. Umbrella, rubbers, rain cape or coat, galoshes

6. Watch with second hand

7. Alarm clock

- Fountain pen, pencils, and notebooks, bandage scissors
- Two large laundry bags made of plain washable material with name printed on outside

10. Sweater (dark blue)

 All clothing should be plainly marked with name tapes.

Students are permitted to pay for their books and uniforms by monthly payments from their stipend if they so desire.

SICKNESS

When ill during the training, students are taken care of gratuitously. Seven days are allowed each year. Excess of this period must be made up in order to complete the course.

LEAVE OF ABSENCE

Under ordinary circumstances illness of relatives will not constitute a valid reason for absence from the school. We cannot release a student to nurse members of her family. In case of critical illnesses in her immediate family, the student may go home for a reasonable length of time. Five days' leave of absence is allowed in case of a death in the immediate family. All days leave of absence must be made up.

EXPENSES

Board, room and laundry are provided during the entire course.

Bed linen, towels, curtains, dresser scarfs, and blankets are furnished by the hospital, to be replaced by student if damaged.

Breakage and marring of hospital property will be charged to

those responsible.

Reference books are available for study in students' library, medical library and general library also available.

ALLOWANCE

Pupils received board, room and laundry.	
	\$15.00
2nd year students	\$15.00
3rd year students	\$20.00 55.00

HOURS OF WORK

Day students work 8 hours. Night students work 10 hours at night.

TIME OFF DUTY

Students are allowed one day during the week and three weeks' vacation each year.



RECREATIONAL FACILITIES AND ACTIVITIES AVAILABLE: dancing, tennis, badminton, roller skating, swimming, pottery class, art class.



ALUMNAE

Graduates of the school are eligible for membership to the Alumnae of the School and in the State and National Organizations. The Alumnae plays a most important part in the professional life of the nurse and all graduates are expected to become members.

PRACTICAL EXPERIENCE

Diet Kitchen	6	weeks
Operating Room	8	weeks
Obstetrics	12	weeks
Medical Nursing	21	weeks
Surgical Nursing	21	weeks
Pediatric Nursing	12	weeks
Out-patient Department	12	weeks
Contagious	6	weeks
Psychiatry	15	weeks
Hydro-Physio-Therapy	4	weeks
Vacation	9	weeks

THEORETICAL INSTRUCTION



First Year-First Semester

Course	Weeks	Hours
Drugs and Solutions	. 15	15
Psychology	-	30
Anatomy and Physiology	CONTRACT	60
Nursing Arts		90
Chemistry		30
Microbiology and Pathology		30
Hygiene and Sanitation		30
Nutrition and Cookery		45
History of Nursing	. 15	30
Pharmocology and Therapeutics	CONTRACT	45
Sociology	. 15	30
Professional Adjustments		15
Diet Therapy	. 15	15



First Year-Second Semester

Anatomy and Physiology	25	30
Nursing Arts	24	45
Chemistry	10	15
Microbiology and Pathology	15	15
Hygiene and Sanitation	24	30
Bandaging	15	15
Medical Nursing	10	10
Surgical Nursing	15	- 15
Operating Room Technique	15	15
Psychiatry	20	20
First Aid (Medical and Surgical Emergencies)	10	10

Second Year-First Semester O. R. Technique 20 20 Urology 5 5 Pediatrics 10 18 Obstetrics 16 16 Gynecology 16 16 Orthopedics 10 10 Second Year-Second Semester Eve 10 10 Ear, Nose and Throat 15 15 Communicable 24 48 Surgical Nursing 24 24 Medical Nursing 20 20 Skin 8 8 Third Year-First Semester Psychiatry 15 75 Physio and Hydro Public Health 15 30 Professional Adjustments 15 15 Medical Nursing 5 5 Surgical and Gyn. 8 8 Obstetrics 3 3 Anatomy and Physiology 6 Diet Therapy 3 Pediatrics

Third Year-Second Semester

Graduate Nurse Staff Meetings Attend Doctors' Clinics where Patients are Presented Assist Head Nurse Duties

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Delaware State Hospital

FARNHURST, DELAWARE

Is Approved by the

AMERICAN COLLEGE OF SURGEONS

AMERICAN MEDICAL ASSOCIATION

AMERICAN HOSPITAL ASSOCIATION

And

U. S. PUBLIC HEALTH SERVICE

School of Nursing

Is Accredited by

PSYCHIATRIC COMMITTEE ON NURSING

of the

AMERICAN PSYCHIATRIC ASSOCIATION

and the

DELAWARE STATE BOARD OF EXAMINERS
OF NURSES